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What is claimed is

1. A non-newtonian jelly composition suitable for use in optical fiber cable manufacture comprising:
   a. a synthetic oil of lubricating viscosity,
   b. a fumed silica,
   c. an antioxidant, and
   d. a coupling agent.

2. The composition of claim 1 wherein the fumed silica is hydrophobic or hydrophilic.

3. The composition of claim 1 wherein the fumed silica is hydrophilic and the composition is substantially free of hydrophobic silica,

4. The composition of claim 1 wherein the fumed silica has an average primary particle size raging from 5-30 nm.

5. The composition of claim 1 wherein the fumed silica has an average specific BET surface of 150-400 m^2/g.

6. The lubricating composition of claim 1 wherein the fumed silica is present from 1 to 10% by weight.

7. The composition of claim 1 wherein the fumed silica is present from 2-6% by weight.

8. The composition of claim 1 wherein the preferred synthetic oil is chosen from a group of polydecenes, polyisoprenes, polyisobutenes, polybutenes

9. The composition of claim 1 wherein the synthetic oil comprises at least 85% of the composition by weight.

10. The composition of claim 1 wherein the synthetic oil is a mixture of at least two oils chosen from the group of polydecenes and polybutenes.

11. The composition of claim 1 wherein the coupling agent is a chemical with at least one hydrogen bonding site.

12. The composition of claim 1 wherein the coupling agent is a polyglycol.

13. The composition of claim 12 wherein the polyglycol has a number average MW of at least 1000.

14. The composition on claim 1 comprising an antioxidant

15. The lubricant composition of claim 1 wherein the antioxidant is a hindered phenol antioxidant.

16. The lubricant composition of claim 16 wherein the antioxidant is present from 0.1 to 2% by weight.

17. The composition of claim 1 wherein the synthetic oils are a mixture of polydecene and polybutene, the silica is hydrophilic and the coupling agent is a polyglycol.

18. The composition of claim 19 where the polybutene has a number average MW of less than 2000.

19. The composition of claim 19 wherein the preferred amount of polybutene used is at least 40% by weight of the total formulation.

20. The composition of claim 19 wherein the polyglycol has a number average molecular weight of 2000.

21. The composition of claim 19 where the preferred composition comprises a mixture of polydecene and polybutene in a ratio of 1:1

22. The composition of claim 19 wherein the preferred composition comprises a hydrophilic silica with a surface area of at least 150 m^2/g

23. The composition of claim 19 wherein the hydrophilic silica has a surface area of greater that 250 m^2/g

24. The composition of claim 19 wherein the mixture of synthetic oils comprises polydecenes and polybutenes

25. The composition of claim 19 wherein the coupling agent comprises at least 0.3%of the formulation

26. The composition of claim 19 which optionally comprises an antioxidant.

27. The composition of claim 28 wherein the antioxidant is a hindered phenol

28. The composition of claim 28 wherein the antioxidant is an amine

29. The composition of claim 28 wherein the antioxidant is selected from a group of antioxidants comprising phenolic and amine antioxidants.

30. The composition of claim 1 wherein the preferred composition comprises a blend of synthetic oils and a blend of fumed silicas.

31. The composition of claim 30 wherein the blend of silicas comprises hydrophobic and hydrophilic silicas.

32. The composition of claim 1 optionally comprising a high molecular weight polymer.

33. The composition of claim 1 wherein the high molecular weight polymer is a styrene butadiene polymer.